What Is Claimed Is:

- 1. A method of preparing for hunting comprising at least one of:
- a) applying a powder containing an amount of activated carbon up to 5.0% by weight to hunting apparel to be worn for hunting;
- b) washing hunting apparel in a powdered laundry detergent containing an amount of activated carbon up to 5.0% by weight or a liquid laundry detergent containing an amount of activated carbon up to 10.0% by weight;
- c) washing hunting apparel in a powdered laundry detergent containing an amount of activated carbon up to 5.0% by weight or a liquid laundry detergent containing an amount of activated carbon up to 10.0% by weight, and then drying the washed apparel in the presence of a dryer sheet containing an amount of activated carbon up to 5.0% by weight; or
- d) applying a liquid spray containing an amount of activated carbon up to 5.0% by weight to the hunting apparel to be worn for hunting.
- 2. The method of claim 1, comprising each of steps (a) and (b).
- 3. The method of claim 1, comprising each of steps (a) and (c).

- 4. The method of claim 1, comprising each of steps (b) and (d).
- 5. The method of claim 1, comprising each of steps (c) and (d).
- 6. The method of claim 1, further comprising at least one of:
- a) applying the liquid spray or the powder to at least a portion of a hunter's body prior to or during hunting;
- b) washing a portion of the hunter's body with one of a liquid or a bar soap, the liquid soap containing an amount of activated carbon up to 3.0% by weight, and the bar soap containing an amount of activated carbon up to 5.0% by weight;
- c) rinsing a mouth of the hunter with a mouthwash containing an amount of activated carbon up to 1.0% by weight; or
- d) applying a deodorant or anti-perspirant containing an amount of activated carbon up to 1.0% by weight.
- 7. The method of claim 6, comprising at least two of (a),(b), (c), and (d).
- 8. The method of claim 6, comprising at least three of (a), (b), (c), and (d).
- 9. The method of claim 6, comprising all of (a), (b), (c), and (d).

- 10. A method of preparing for hunting comprising at least one of:
- a) applying a liquid spray or a powder, each containing an amount of activated carbon up to 5.0% by weight, to at least a portion of a hunter's body prior to or during hunting;
- b) washing a portion of the hunter's body with one of a liquid or a bar soap, the liquid soap containing an amount of activated carbon up to 3.0% by weight, and the bar soap containing an amount of activated carbon up to 5.0% by weight;
- c) rinsing a mouth of the hunter with a mouthwash containing an amount of activated carbon up to 1.0% by weight; or
- d) applying a deodorant or anti-perspirant containing an amount of activated carbon up to 1.0% by weight.
- 11. The method of claim 10, comprising two of (a), (b),(c), and (d).
- 12. The method of claim 10, comprising three of (a), (b),(c), and (d).
- 13. The method of claim 10, comprising all of (a), (b),(c), and (d).
- 14. The method of claim 1, wherein the activated carbon ranges between 0.1 and 4.0% for the liquid spray, the liquid

laundry detergent, the dryer sheet, and the powder, and between 0.1 and 5.0% for the powdered laundry detergent.

- 15. The method of claim 6, wherein the activated carbon ranges between 0.1 and 2.0% for the liquid soap, between 0.1 and 4.0% for the bar soap and the powder, and between 0.1 and 0.5% for deodorant or antiperspirant, and mouthwash.
- 16. The method of claim 10, wherein the activated carbon ranges between 0.1 and 2.0% for the liquid soap, between 0.1 and 4.0% for the bar soap and the powder, and between 0.1 and 0.5% for deodorant or antiperspirant, and mouthwash.
- 17. A scent eliminating personal hygiene item selected from the group consisting of mouthwash, bar soap, liquid soap, body powder, and deodorant or antiperspirant, wherein the mouthwash and deodorant or antiperspirant each contain an amount of activated carbon up to 1.0% by weight, and each of the bar soap, the body powder, and the liquid spray each contain an amount of activated carbon up to 5.0% by weight.
- 18. The item of claim 17, wherein the activated carbon amount ranges between 0.1 and 2.0% by weight for the liquid soap, between 0.1 and 4.0% by weight for the bar soap and the body powder, and between 0.1 and 0.5% by weight for deodorant or antiperspirant, and mouthwash.

- 19. A scent eliminating item selected from the group consisting of a powdered laundry detergent, a liquid laundry detergent, a dryer sheet, a liquid spray, and a powder, each of the liquid laundry detergent, the powder, and the liquid spray containing an amount of activated carbon up to 5.0% by weight, and the powdered laundry detergent containing an amount of activated carbon up to 10.0% by weight.
- 20. The item of claim 19, wherein the activated carbon amount ranges between 0.1 and 4.0% for the liquid spray, the liquid laundry detergent, the dryer sheet, and the powder, and between 0.1 and 5.0% for the powdered laundry detergent.